

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2025

31383 Frost Way, Evergreen CO 80439 303-679-8777



<p>9:30 Just Hiking 10:00 Catholic Communion 10:30 Chair Exercise 11:00 "Millions of Cats" Shared by Martha B 1:00 Walmart Outing 4:00 Resistance Bands</p> <p>May Day</p>	<p>9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Social Hour 3:15 Jeopardy</p>	<p>10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo 3:15 Rick Steve's Travel Travel to Iceland</p>
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<p>10:30 Chair Exercise/ Resistance Bands 11:00 The Daily Chronicle 1:30 Piano Music with Jonathan 2:00 Service Group Meeting 3:00 Church Service with Aspen Ridge Church</p>	<p>10:00 Rosary 10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 2:00 You Tube: Cinco de Mayo 3:45 Rocky Mountain Academy Choir</p> <p>Cinco de Mayo</p>	<p>Happy Birthday Javier 9:30 Just Hiking 10:15 The Daily Chronicle With Sharlene 10:30 Chair Exercise With Sharlene 2:00 Sing Along with Troy 3:00 Funny Animal Clips</p>	<p>9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 11:30 Picnic at Hiwan 3:00 Fire Presentation With Einar</p>	<p>Happy Birthday Willis 9:30 Just Hiking 10:00 Catholic Communion 10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 2:00 Wine &amp; Cheese Lecture with Nick 4:00 Resistance Bands</p>	<p>Happy Birthday Jane 9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Social Hour 3:15 Jeopardy</p>	<p>10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo 3:15 National Geographic Documentary: "Secrets of the Octopus"</p>
<p>10:30 Chair Exercise/ Resistance Bands 11:00 The Daily Chronicle Mother's Day Lunch 1:30 Piano Music with Jonathan 2:00 Make Clay Pot Crafts Pt 1</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 2:00 Jeopardy 3:00 Family Feud</p>	<p>9:30 Just Hiking 10:00 Dining Forum 10:15 The Daily Chronicle With Sharlene 10:30 Chair Exercise With Sharlene 2:00 Share Your Favorite Book Discussion</p>	<p>9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Who, What Where?</p>	<p>10:00 Catholic Communion 10:30 Zoo Outing (weather permitting)</p> 	<p>Happy Birthday Mary L 9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 Load bus for Friday Café – Senior4Wellness Luncheon at Christ the King Church 2:00 Jeopardy</p>	<p>Happy Birthday Bob W 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo 3:15 Rick Steve's Travel "Travel to Paris"</p> <p>Armed Forces Day</p>
<p>10:30 Chair Exercise/ Resistance Bands 11:00 The Daily Chronicle 1:30 Piano Music with Jonathan 2:00 Food Pantry Project 3:00 Church Service With Tom</p>	<p>10:00 Rosary 10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 2:00 Make Clay Pot Crafts Pt 2</p> <p>Victoria Day (Canada)</p>	<p>9:30 Just Hiking 10:00 Resident Council 1:30 Lookout Mountain Nature Center 4:30 Steak Fry for Dinner</p>	<p>9:30 Standing Group Exercise 10:15 The Daily Chronicle with Sharlene 10:30 Chair Exercise with Sharlene 3:00 Bronco History with Scott Perry</p>	<p>9:30 Just Hiking 10:00 Catholic Communion 10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Ladies Tea Outing (Ladies Only &amp; Weather Permitting)</p>	<p>Happy Birthday Curtis 9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Social Hour/ Birthday Party 3:15 Jeopardy</p>	<p>10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Step N Style Dance School</p> 
<p>10:30 Chair Exercise/ Resistance Bands 11:00 The Daily Chronicle 1:30 Piano Music with Jonathan 3:00 Bible Study with Michelle</p>	<p>10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 2:00 Jeopardy 3:00 Sing Along with Troy</p> <p>Memorial Day</p>	<p>9:30 Just Hiking 10:00 Presentation &amp; Planting Project with the Butterfly Pavillion (This is not an outing) 2:00 Movie: TBD</p>	<p>9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Ladder Ball</p>	<p>9:30 Just Hiking 10:00 Catholic Communion 1:00 Tai Chi 2:00 Hot Wheels by Cody</p>  <p>4:00 Resistance Bands</p>	<p>9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Social Hour 3:15 Jeopardy</p>	<p>10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo 3:15 Travel Log: "Caribbean Islands"</p>