Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday: Joyce A 4/3 Pat B 4/3 Yvonne S 4/7 Rachel B 4/16 Judith 4/22 Michelle 4/27 National Volunteer Week April 20 th – 26 th	10:00 Chair Exercise 11:00 The Daily Chronicle	9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Load Bus for Walmart 3:30 Funny You Tube Clips	9:30 Hall Hiking 10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 1:30 Sing Along with Tom 3:30 Laughter IS the Best Medicine 4:00 Resistance Bands	9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Wacky Wordies 2:00 Jeopardy 3:30 Ladder Ball	10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Trivia 2:00 Bingo 3:15 Movie: "A Woman of Distinction" A Classic Black & White Movie
10:00 Visits with Pimento 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Piano Music with Jonathan 2:00 Crafting with Sarah Pt 2 3:00 Church Service with Aspen Ridge Church	10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 2:00 Jeopardy 3:00 Movie: "South Pacific" The debut of South Pacific was on this date in 1949	9:30 Hall Hiking 10:00 Chair Exercise & Daily Chronicle with Sharlene 1:30 Word Games 2:00 Bingo 4:00 Resistance Bands	9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Mad Hatter Tea 3:30 Table Games	9:30 Hall Hiking 10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 1:30 Sing Along with Tom 2:30 Bean Bag Throw 4:00 Resistance Bands	9:30 Standing Group 10:30 Friday Café – Seniors for Wellness Luncheon Christ the King Church 2:00 Jeopardy	10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Word Games 2:00 Bingo 3:15 Movie: "Roman Holiday"
10:00 Visits with Pimento 3 10:00 Church Service With Tom 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Piano Music with Jonathan 3:00 Bible Study with Michelle	14 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Rocky Mountain Academy Patriotic Program 3:00 Mountain Mommas Meeting (Service Group)	9:30 Hall Hiking 10:00 Dining Forum with Nick 10:15 Chair Exercise & Daily Chronicle with Sharlene 1:30 Scenic Bus Ride 4:00 Resistance Bands	9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Story Time and Easter Egg Hunt Rocky Mountain Academy 3:30 Rick Steve's Travel Greece	9:30 Hall Hiking 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Spring Fling Dance Conifer High School InterAct Club	9:30 Standing Group Exercise	, and the second
Happy Easter! 10:00 – 1:00 Sunday Brunch 10:30 Chair Exercise 11:00 The Daily Chronicle 11:00 Easter Service With Tom 2:00 Surprise with Sarah	10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 2:00 Jeopardy 3:30 National Geographic Documentary	9:30 Hall Hiking 10:00 Resident Council 1:30 Trip to Library 4:00 Resistance Bands Earth Day		9:30 Hall Hiking 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Sing Along with Tom 2:30 Movie: TBA 4:30 Load bus for Mountain Youth Musicals "Frozen Jr"	9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Wacky Wordies 2:00 Jeopardy	10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo 3:15 Entertainment Laurie Dameron
10:00 Visits with Pimento 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Piano Music with Jonathan 3:00 Bible Study with Michelle	10:30 Chair Exercise 11:00 The Daily Chronicle 1:00 Tai Chi 2:00 Jeopardy 3:00 Ladder Ball	9:30 Hall Hiking 10:00 Chair Exercise & Daily Chronicle with Sharlene 4:00 Resistance Bands	9:30 Standing Group Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Advanced Directives Presentation with Mt Evans	Elk Run Assisted Li	ving – 31383 Frost Way Ev AssisstedLiving.com 303.6	vergreen, CO 80439