

Sunday

Monday

Tuesday

Wednesday





Thursday

Friday

Saturday

February 2025

Elk Run Assisted Living – 31383 Frost Way, Evergreen, CO 80439 303.679.8777

	<h1>February 2025</h1> <p>Elk Run Assisted Living – 31383 Frost Way, Evergreen, CO 80439 303.679.8777</p>					 <p>10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Who, What, Where??? 3:00 Saturday Afternoon Matinee</p>
<p>2 10:00 Movie: "Groundhog Day" 3:00 Church Service with Aspen Ridge Church <small>Groundhog Day</small></p>	<p>3 10:00 The Rosary 10:30 Chair Exercise 11:00 The Daily Chronicle & Trivia 2:00 Jeopardy 3:00 Documentary</p>	<p>4 Happy Birthday: Sharon H & Lori F 9:30 Hall Hiking 10:00 The Daily Chronicle with Sharlene 10:30 Chair Exercise with Sharlene 1:30 Learn to Read Music 2:00 Family Feud 3:00 Agility Training</p>	<p>5 9:30 Standing Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 No Brew Bingo 3:00 Fire Presentation with Colorado Fire and Rescue</p>	<p>6 9:30 Hall Hiking 10:00 Communion 10:30 Chair Exercise 11:00 The Daily Chronicle & Word Games 2:00 Black History Month with Carol 3:00 Documentary</p>	<p>7 Happy Birthday Kay 9:30 Standing Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle & Complete the Phrase 1:30 Art with Miguel</p>	<p>8 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo 3:00 Saturday Afternoon Matinee</p>
<p>9 Happy Birthday Aron R 10:00 Visits with Pimento 10:30 Chair Exercise 11:00 Daily Chronicle & Chat 3:00 Bible Study with Michelle </p>	<p>10 Happy Birthday: Carmella L, Michelle Q, Cody W 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Family Feud 3:00 Documentary</p>	<p>11 9:30 Hall Hiking 10:00 Dining Forum with Nick 10:15 The Daily Chronicle with Sharlene 10:30 Chair Exercise with Sharlene 1:30 Learn to Read Music 2:00 Celebrate & Learn About Japan</p>	<p>12 9:30 Standing Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Piñata Party with Activity Options 3:00 Mountain Momma's Meeting <small>Tu B'Shevat Begins</small></p>	<p>13 Wear Pink & Red Day For the American Heart Association  9:30 Hall Hiking 10:00 Communion 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo</p>	<p>14 Happy Valentine's Day!!! 9:30 Standing Exercise 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Valentine's Jeopardy 3:00 You Tube: "The Story of Valentine's Day" <small>Valentine's Day</small></p>	<p>15 10:00 Visits with the Care Bears 2:00 Who, What, Where??? 3:15 Entertainment with Laurie Dameron </p>
<p>16 10:00 Visits with Pimento 10:30 Chair Exercise 11:00 Daily Chronicle & Chat 1-3 Board Games with the girls from NCL 2:00 Crochet or Knitting with Anne Marie 3:00 Bible Study with Michelle</p>	<p>17 10:00 The Rosary 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Jeopardy 3:00 Documentary – "The Presidents of the US" <small>Presidents' Day (U.S.)</small></p>	<p>18 Happy Birthday Nick 9:30 Hall Hiking 10:00 Resident Council 1:30 Learn to Read Music 2:00 Ladder Ball 3:00 Word Games</p>	<p>19 9:30 Standing Exercise 10:30 Chair Exercise & The Daily Chronicle with Sharlene 2:00 Walmart Outing</p>	<p>20 9:30 Hall Hiking 10:00 Communion 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo 3:00 Funny Animal Clips</p>	<p>21 9:30 Standing Exercise Group 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Bingo 3:00 "The First Ladies"</p>	<p>22 10:30 Chair Exercise 11:00 The Daily Chronicle & Word Games 2:00 Bingo </p>
<p>23 Happy Birthday Ashley A & Elizabeth P 10:00 Visits with Pimento 10:30 Chair Exercise 11:00 Daily Chronicle & Chat 1:30 Piano Music with Jonathan 2:00 Crochet or Knitting with Anne Marie 3:00 Bible Study with</p>	<p>24 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Family Feud 3:00 National Geographic Documentary</p>	<p>25 10:30 Chair Exercise 11:00 The Daily Chronicle 1:30 Learn to Read Music 2:00 Pool Party 3:00 Funny Animal Video Clips</p>	<p>26 Johnny Cash day 9:30 Standing Exercise Group 10:30 Chair Exercise 11:00 The Daily Chronicle & Trivia 2:00 Celebrate Johnny Cash The Man & The Music</p>	<p>27 Happy Birthday Mary W 9:30 Hall Hiking 10:00 Communion 10:30 Chair Exercise 11:00 The Daily Chronicle 2:00 Happy Hour Entertainer James Frisbie</p>	<p>28 9:30 Standing Exercise Group 10:30 Seniors 4 Wellness Luncheon at Christ the King Church 2:00 Bingo 3:15 You Tube Clips <small>Ramadan Begins</small></p>	

Update and Changes will be Reflected on the Daily Activity Sheet