

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2024

Elk Run Assisted Living – 31383 Frost Way, Evergreen 80439

<p><b>Time Change – Fall Back</b> 3  <b>10:00 Visits with Pimento</b>  10:15 Daily Chronicle  10:45 Daily Exercise  11:15 Word Games  2:00 Who, What, Where  <b>3:00 Church Service with Aspen Ridge Church</b></p> <p><small>Daylight Saving Time Ends</small></p>	<p>10:15 Daily Chronicle 4  10:45 Daily Exercise  11:15 Uncle John’s Digest  1:30 Crossword Puzzles  2:00 Bingo  3:15 Arm Chair Travel  Rick Steve’s Germany  7:15 Turner Classic Movie Ch 51  <b>“A Ticklish Affair”</b></p>	<p>10:15 Daily Chronicle 5  with Sharlene  10:45 Daily Exercise with Sharlene  11:15 Brain Teasers  <b>1:15 Romney Family Musicians</b>  2:15 Jeopardy  3:15 Ball Toss</p>	<p>10:15 Daily Chronicle 6  10:45 Daily Exercise  11:15 Who? Or What?  1:30 Volleyball  2:30 Bingo  3:30 Charades  7:00 Turner Classic Movie Ch 51  <b>“Easy to Love”</b></p>	<p><b>10:00 Communion</b> 7  10:15 Daily Chronicle  10:45 Daily Exercise  11:15 Giggles &amp; Grins  2:00 October &amp; November Birthday Party  <b>3:30 Visits with Bear &amp; Gracie</b>  3:30 Art pages</p>	<p><b>10:15 Loading bus for Seniors4Wellness luncheon at Christ the King Church (please sign up at front desk – weather permitting)</b> 8  1:15 Menu Forum  2:00 Bingo  3:30 Magazine Mania</p> <p><small>Diwali (Hindu)</small></p>	<p>10:15 Daily Chronicle 9  10:45 Daily Exercise  11:15 White Board Games  2:00 Make honeyballs with Martha B’s daughter  6:45 Turner Classic Movie: Ch 51  <b>“Triple Cross”</b></p>
<p><b>10:00 Visits with Pimento</b> 10  10:15 Daily Chronicle  10:45 Daily Exercise  11:15 Word Games  2:00 Leaf Craft  <b>3:00 Bible Study with Michelle</b></p>	<p>10:15 Daily Chronicle 11  10:45 Daily Exercise  11:15 Trivia  <b>2:00 Veteran’s Café with Mt Evans Hospice</b>  3:30 “Tribute to the American Soldier”  Documentary  <small>Veterans Day  Remembrance Day (Canada)</small></p>	<p><b>10:00 Dining Forum With Nick</b> 12  10:30 Daily Chronicle With Sharlene  10:45 Daily Exercise With Sharlene  <b>1:00 The Rosary</b>  2:00 Jeopardy  <b>3:00 Sing Along</b></p>	<p>10:15 Daily Chronicle 13  10:45 Daily Exercise  11:15 Wacky Wordies  <b>2:00 Mountain Mamas</b>  3:15 Bowling</p> 	<p><b>10:00 Communion</b> 14  10:15 Daily Chronicle  10:45 Daily Exercise  <b>2:00 Elk Run Rascals</b>  2:00 Jeopardy  <b>3:30 Visits with Bear &amp; Gracie</b></p>	<p>10:15 Daily Chronicle 15  10:45 Daily Exercise  11:15 Brain Teasers  1:15 Menu Forum  <b>1:30 Pumpkin Painting With Nicole, Heather and the boys</b>  3:00 Movie:  <b>“Legally Blonde”</b></p>	<p>10:15 Daily Chronicle 16  10:45 Daily Exercise  11:15 Cranium Crunches  2:00 Bingo  3:15 Documentary:  Jimmy Stewart - The Soldier's Biography And The Story Of His Record Breaker P-51 Thunderbird</p>
<p><b>10:00 Visits with Pimento</b> 17  10:15 Daily Chronicle  10:45 Daily Exercise  11:15 Word Games  2:00 Thankful Connection Craft Pt 1  <b>3:00 Bible Study with Michelle</b></p>	<p>10:15 Daily Chronicle 18  10:45 Daily Exercise  11:15 Cranium Crunches  2:00 Bingo  <b>3:30 Piano Recital with Megan Arnold students</b></p> 	<p><b>10:00 Resident Council</b> 19  <b>1:00 The Rosary</b>  <b>2:00 Wreath making with Evergreen Garden Club</b>  <b>Limit of 8 – please sign up at Reception</b>  3:00 Jeopardy</p>	<p>10:15 Daily Chronicle 20  With Sharlene  10:45 Daily Exercise With Sharlene  11:15 Word Games  <b>2:00 Scenic Bus Ride – Weather Permitting</b></p> 	<p><b>10:00 Communion</b> 21  10:15 Daily Chronicle  10:45 Daily Exercise  11:15 Brain Teasers  2:00 Happy Hour\ Wheel of Fortune  3:15 Funny Animal Clips</p>	<p>10:15 Daily Chronicle 22  10:45 Daily Exercise  11:15 Hang Man  1:15 Menu Forum  2:00 Jeopardy  3:15 Kids Say the Darndest Things</p>	<p>10:15 Daily Chronicle 23  10:45 Daily Exercise  11:15 “You Be the Judge”  2:00 Bingo</p> 
<p><b>10:00 Visits with Pimento</b> 24  10:15 Daily Chronicle  10:45 Daily Exercise  11:15 Word Games  2:00 Thankful Connection Craft Pt 2  <b>3:00 Bible Study with Michelle</b></p>	<p>10:15 Daily Chronicle 25  10:45 Daily Exercise  11:00 Brain Teasers  2:00 Bingo  <b>3:15 Hymn Sing With Margie</b></p>	<p>10:15 Daily Chronicle 26  10:45 Daily Exercise  11:00 Word Games  1:30 Volleyball  2:00 Jeopardy  3:00 Movie: TBD</p>	<p>10:15 Daily Chronicle 27  10:45 Daily Exercise  11:15 What are we thankful for?  2:00 Bingo  3:15 “The Real Story of Thanksgiving</p>	<p><b>Happy Thanksgiving!!</b> 28  10:15 Daily Chronicle  10:45 Daily Exercise  11:15 Thanksgiving Blessings  2:00 Jeopardy</p> <p><small>Thanksgiving Day</small></p>	<p>10:15 Daily Chronicle 29  10:45 Daily Exercise  11:15 What to do with Thanksgiving leftovers  1:15 Menu Forum  2:00 Board Games  3:00 Take down Fall decorations</p>	<p>10:15 Daily Chronicle 30  10:45 Daily Exercise  11:15 Word Games  2:00 Bingo  3:00 Start Decorating for Christmas</p>

\*\*\*Changes in the calendar will be reflected on the daily participation sheets\*\*\*