

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2023

<p>9:30 Ladies Rosary 10:30 Virtual Worship Service</p> 	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Brain Aerobics 1:30 Food Bank Project 2:00 Jeopardy 3:30 Arm Chair Travel</p>	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Agility Training 1:30 Food Bank Project 2:00 Bingo 3:00 Fire Dept. Talk 3:30 Pet Therapy</p>	<p>10:00 Daily Chronicle 10:00 Communion 10:30 Daily Exercise 11:00 Brain Aerobics 12:45 Spanish 2:00 Jeopardy 3:30 Pineapple Julius &amp; Ping Pong</p>	<p>Fun Sock or Shoe Day! 10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Summer Stroll 1:30 Food Forum 2:00 Happy Hour 6:00 Movie Time</p>	<p>9:30 Daily Chronicle 10:00 Daily Exercise 10:30 Bible Study 10:30 Summer Games 1:00 Booby Prize Bingo 2:00 Popcorn &amp; Movie Soul Surfer</p>
<p>9:30 Ladies Rosary 10:30 Virtual Worship Service</p> 	<p>Wear Purple for Purple Heart Anniversary 10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Agility Training 1:30 Crossword 2:00 Bingo 3:30 Pet Therapy</p>	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Brain Aerobics 1:30 Food Bank Project 2:00 Jeopardy 3:30 Arm Chair Travel</p>	<p>Scenic Drive &amp; Lunch at Mad Jack's Mountain Brewery Bailey 11-3 10:00 Daily Chronicle 10:30 Daily Exercise 3:30 Pet Therapy</p>	<p>10:00 Daily Chronicle 10:00 Communion 10:30 Daily Exercise 11:00 Brain Aerobics 12:45 Spanish 2:00 Jeopardy 3:30 Pineapple Julius &amp; Ping Pong</p>	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Summer Stroll 1:30 Food Forum 2:00 Happy Hour 6:00 Movie Time</p>
<p>10:30 Virtual Worship Service</p> 	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Agility Training 1:30 Crossword 2:00 Bingo 3:30 Pet Therapy</p>	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Brain Aerobics 1:00 Ladies Rosary 1:30 Food Bank Project 2:00 Jeopardy 3:30 Arm Chair Travel</p>	<p>Georgetown Loop Railroad 11-4 10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Agility Training</p>	<p>10:00 Daily Chronicle 10:00 Communion 10:30 Daily Exercise 11:00 Brain Aerobics 12:45 Spanish 2:00 Jeopardy 3:30 Pineapple Julius &amp; Ping Pong</p>	<p>Hawaiian Shirts 10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Summer Stroll 1:30 Food Forum 2:00 Happy Hour 6:00 Movie Time</p>
<p>9:30 Ladies Rosary 10:30 Virtual Worship Service</p> 	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Seated Massage 1:30 Crossword 2:00 Bingo 3:30 Pet Therapy</p>	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Brain Aerobics 1:30 Food Bank Project 2:00 Jeopardy 3:30 Arm Chair Travel</p>	<p>Wear White Wednesday 10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Agility Training 1:30 Food Bank Project 2:00 Bingo 3:30 Pet Therapy</p>	<p>10:00 Daily Chronicle 10:00 Communion 10:30 Daily Exercise 11:00 Brain Aerobics 12:45 Spanish 2:00 Jeopardy 3:30 Pineapple Julius &amp; Ping Pong</p>	<p>10:00 Daily Chronicle 10:30 Daily Exercise 11:00 Summer Stroll 1:30 Food Forum 2:00 Happy Hour 6:00 Movie Time</p>
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## Things to Know:

### Resident & Staff Dress up Days:

**August 4- Fun Sock Day** for Foot Health Friday.

**August 7- Wear Purple** for Purple Heart Anniversary.

**August 18- Hawaiian Shirts** for Keep Your Cool Day.

**August 23- Wear White Wednesday**, Soon it will be Labor Day and time to put away all those white clothes.

**August 31- Wear Your Favorite H**

### Friday Happy Hour Themes:

**August 4- “Sock-er”** -Soccer but more fun!

**August 11- “Beer” Pong** -Nonalcoholic drinking game.

**August 18- Luau** –Coconut Bowling.

**August 25- Celebration for August Birthday’s –Prize Walk** –Similar to a carnival cake walk but with prizes.

**Outings:** Please Sign-up at the Front Desk.

**August 9-** Scenic Drive to Bailey with Lunch at Mad Jacks Mountain Brewery with Maintenance Mike & his wife Chrissy.

**August 16-** Scenic Drive to Georgetown for a train ride.

**August 30-** Trip to King Soopers Grocery Store.

### Special Day’s:

**August 21-** Seated Massage from Evergreen Massage 11-1

**August 8-** Foot Clinic by Mt. Evans Home Health & Hospice

**August 30-** All Resident Council Meeting at 10

• Sunday’s are our day of rest:

Please utilize the Club Room, Activity Room & Library to play games, use exercise equipment, do crafts, watch movies, listen to records etc....