



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Resident & Volunteer Run 1 Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO 11:00 BroncosVsChiefs- CR 1:00 Dominoes- Library 2:30 Spinning Vinyl with Jonathan- CR 3:00 Worship Service- CR</p> <p><small>New Year's Day</small></p>	<p>2</p> <p>10:00 Daily Chronicle- LO 10:30 Exercise- AR 11:00 Men's Club Monday- CR 1:30 Crossword- CR 2:00 Bingo- CR 3:15 Pet Therapy- LO</p>	<p>3</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:30 Tech Tuesday- CR 2:00 Jeopardy!- CR 3:00 Cocoa Cart & Chat- LO</p>	<p>4</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Women's Club Wednesday 1:30 Today in History- CR 2:00 Bingo!- CR 3:30 Canyon Courier Reading- LO</p>	<p>5</p> <p>10:00 Daily Chronicle- LO 10:00 Catholic Communion- CR 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:00 Spanish- AR 2:00 Jeopardy!- CR 3:00 Arm Chair Travel- CR</p>	<p>6</p> <p>National Polka Music Month Wear Polka Dots!</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Pet Therapy- AR 1:00 Food Bank Project- AR 2:00 Happy Hour- CR Ice Breaker Games</p>	<p>7</p> <p>Resident & Volunteer Run Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO 10:30 Bible Study- Library 1:00 Yahtzee 1:30 Popcorn- CR 2:00 Movie Matinee- CR The Secret: Dare to Dream</p>		
<p>8</p> <p>Resident & Volunteer Run Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO TBD BroncosVsChargers CR 1:00 Dominoes- Library 2:30 Spinning Vinyl with Jonathan- CR 3:00 Worship Service- CR</p>	<p>9</p> <p>10:00 Daily Chronicle- LO 10:30 Exercise- AR 11:00 Men's Club Monday- CR 1:30 Crossword- CR 2:00 Bingo- CR 3:15 Pet Therapy- LO</p>	<p>10</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:30 Tech Tuesday- CR 2:00 Jeopardy!- CR 3:00 Cocoa Cart & Chat- LO</p>	<p>11</p> <p>Wacky Winter Wardrobe Wednesday</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Women's Club Wednesday 1:30 Today in History- CR 2:00 Bingo!- CR 3:30 Canyon Courier Reading- LO</p>	<p>12</p> <p>10:00 Daily Chronicle- LO 10:00 Catholic Communion- CR 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:00 Spanish- AR 2:00 Jeopardy!- CR 3:00 Arm Chair Travel- CR</p>	<p>13</p> <p>Tour Evergreen Christmas Outreach Food Pantry & Shop Retail Store 12:30-3:30</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Agility Training- AR</p>	<p>14</p> <p>Resident & Volunteer Run Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO 10:30 Bible Study- Library 1:00 Yahtzee 1:30 Popcorn- CR 2:00 Movie Matinee- CR All Roads Lead Home</p>		
<p>15</p> <p>Resident & Volunteer Run Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO 1:00 Dominoes- Library 2:30 Spinning Vinyl with Jonathan- CR 3:00 Worship Service- CR</p>	<p>16</p> <p>10:00 Daily Chronicle- LO 10:30 Exercise- AR 11:00 Men's Club Monday- CR 1:30 Crossword- CR 2:00 Bingo- CR 3:15 Pet Therapy- LO</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>17</p> <p>9:00 1:1 Visits</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:30 Tech Tuesday- CR 2:00 Jeopardy!- CR 3:00 Cocoa Cart & Chat- LO</p>	<p>18</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Women's Club Wednesday 1:30 Today in History- CR 2:00 Bingo!- CR 3:30 Canyon Courier Reading- LO</p>	<p>19</p> <p>10:00 Daily Chronicle- LO 10:00 Catholic Communion- CR 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:00 Spanish- AR 2:00 Jeopardy!- CR 3:00 Arm Chair Travel- CR</p>	<p>20</p> <p>International Sweatpants Day Tomorrow: Let's wear them today!</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Pet Therapy- AR 1:00 Food Bank Project- AR 2:00 Happy Hour- CR Ice Breaker Games</p>	<p>21</p> <p>Resident & Volunteer Run Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO 10:30 Bible Study- Library 1:00 Yahtzee 1:30 Popcorn- CR 2:00 Movie Matinee- CR Silver Wolf</p>		
<p>22</p> <p>Resident & Volunteer Run Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO 1:00 Dominoes- Library 2:30 Spinning Vinyl with Jonathan- CR 3:00 Worship Service- CR</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p>23</p> <p>Wear Red & Gold to Celebrate Chinese New Year of the Rabbit</p> <p>10:00 Daily Chronicle- LO 10:30 Exercise- AR 11:00 Men's Club Monday- CR 12:00 Wellness Month Massage Monday- AR 1:30 Crossword- CR 2:00 Bingo- CR 3:15 Pet Therapy- LO</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p>24</p> <p>9:00 1:1 Visits</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:30 Tech Tuesday- CR 2:00 Jeopardy!- CR 3:00 Cocoa Cart & Chat- LO</p>	<p>25</p> <p>Resident Council Meeting 10:00</p> <p>1:30 Today in History- CR 2:00 Bingo!- CR 3:30 Canyon Courier Reading- LO</p>	<p>26</p> <p>10:00 Daily Chronicle- LO 10:00 Catholic Communion- CR 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:00 Spanish- AR 2:00 Jeopardy!- CR 3:00 Arm Chair Travel- CR</p> <p><small>Australia Day (observed)</small></p>	<p>27</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Agility Training- AR 1:00 Food Bank Project- AR 2:00 Happy Hour- CR Ice Breaker Games</p>	<p>28</p> <p>Resident & Volunteer Run Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO 10:30 Bible Study- Library 1:00 Yahtzee 1:30 Popcorn- CR 2:00 Movie Matinee- CR Only the Brave</p>		
<p>29</p> <p>Resident & Volunteer Run Activities</p> <p>9:30 Virtual Exercise- AR 10:00 Daily Chronicle- LO 1:00 Dominoes- Library 2:30 Spinning Vinyl with Jonathan- CR 3:00 Worship Service- CR</p>	<p>30</p> <p>Favorite Sports Team Day: Express Team Pride Today</p> <p>10:00 Daily Chronicle- LO 10:30 Exercise- AR 11:00 Men's Club Monday- CR 1:30 Crossword- CR 2:00 Bingo- CR 3:15 Pet Therapy- LO</p>	<p>31</p> <p>9:00 1:1 Visits</p> <p>10:00 Daily Chronicle- LO 10:30 Daily Exercise- AR 11:00 Brain Aerobics- AR 1:30 Tech Tuesday- CR 2:00 Jeopardy!- CR 3:00 Cocoa Cart & Chat- LO</p>	<p>Location Key: LO-Lobby AR-Activity Room CR-Club Room P-Patio</p>				<p>Birthdays Bev 1/6 Rex 1/8 Bettie Lynn 1/12</p>	

JANUARY 2023



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