

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



1
 10:30 Exercise
 11:00 Paper garland craft
 2:00 Jeopardy
 After Dinner Cards
 6:30 Movie

New Year's Day

2
 10:30 Exercise
 11:00 Manicures
 2:00 BINGO
 2:05 Broncos vs. Chargers
 After Dinner Cards
 6:30 Movie

3
 UN-decorating begins
 9:45 Cardio Drumming
 10:15 Kickball
 10:30 Exercise
 2:00 BINGO
 After Dinner Cards
 6:30 Movie

4
 10:15 Stretch It Out
 10:30 Exercise
 11:00 Bible Study
 2:00 Jeopardy
 3:15 Tai Chi
 After Dinner Cards
 6:30 Movie

5
 9:45 Tai Chi
 10:30 Exercise
 11:00 Winter Craft
 2:00 BINGO
 3:00 Armchair Travel
 After Dinner Cards
 6:30 Movie

6
 9:45 Cardio Drumming
 10:00 Catholic Communion
 10:30 Exercise
 11:00 Music with Christina
 2:00 Happy Hour Cart
 After Dinner Cards
 6:30 Movie

7
 10:15 Stretch It Out
 10:30 Exercise
 2:00 Tai Chi
 2:45 Sing Along–Elvis Presley
 After Dinner Cards
 6:30 Movie

8
 10:30 Exercise
 11:00 Winter Craft
 2:00 Jeopardy
 After Dinner Cards
 6:30 Movie
 Elvis Presley's Birthday

9
 10:30 Exercise
 11:00 Manicures
 2:00 BINGO
 2:25 Chiefs vs Broncos
 After Dinner Cards
 6:30 Movie

10
 9:45 Cardio Drumming
 10:15 Kickball
 10:30 Exercise
 2:00 BINGO
 After Dinner Cards
 6:30 Movie

11
 10:15 Stretch It Out
 10:30 Exercise
 11:00 Bible Study
 2:00 Jeopardy
 3:15 Tai Chi
 After Dinner Cards
 6:30 Movie

12
 9:30 Tai Chi
 10:30 Exercise
 11:00 Winter Craft
 2:00 BINGO
 3:00 Lawrence Welk
 After Dinner Cards
 6:30 Movie

13
 9:45 Cardio Drumming
 10:00 Catholic Communion
 10:30 Exercise
 11:00 Music with Christina
 2:00 Happy Hour Cart
 After Dinner Cards
 6:30 Movie

14
 10:30 Exercise
 2:00 Tai Chi
 2:45 Name That Tune
 After Dinner Cards
 6:30 Movie

15
 10:30 Exercise
 11:00 Winter Craft
 2:00 Jeopardy
 After Dinner Cards
 6:30 Movie

16
 10:30 Exercise
 11:00 Manicures
 2:00 BINGO
 After Dinner Cards
 6:30 Movie

17
 10:30 Exercise
 2:00 BINGO
 3:00 MLK Activity
 After Dinner Cards
 6:30 Movie

18
 10:15 Stretch It Out
 10:30 Exercise
 11:00 Bible Study
 2:00 Jeopardy
 3:15 Tai Chi
 After Dinner Cards
 6:30 Movie

19
 9:30 Tai Chi
 10:30 Exercise
 11:00 Winter Craft
 2:00 BINGO
 3:00 Olde Time Radio Hour
 After Dinner Cards
 6:30 Movie

20
 9:45 Cardio Drumming
 10:00 Catholic Communion
 10:30 Exercise
 11:00 Music with Christina
 2:00 Happy Hour Cart
 After Dinner Cards
 6:30 Movie

21
 10:30 Exercise
 2:00 Tai Chi
 2:45 Sing Along
 After Dinner Cards
 6:30 Movie

22
 10:30 Exercise
 11:00 Winter Craft
 2:00 Jeopardy
 After Dinner Cards
 6:30 Movie

Martin Luther King Jr. Day

23
 10:30 Exercise
 11:00 Manicures
 2:00 BINGO
 After Dinner Cards
 6:30 Movie

24
 9:45 Cardio Drumming
 10:15 Kickball
 10:30 Exercise
 2:00 BINGO
 After Dinner Cards
 6:30 Movie

25
 10:15 Stretch It Out
 10:30 Exercise
 11:00 Bible Study
 2:00 Jeopardy
 3:15 Tai Chi
 After Dinner Cards
 6:30 Movie

26
 10:00 Resident Council
 12:00 January Birthdays
 2:00 BINGO
 3:00 Armchair Trave:
 Australia
 After Dinner Cards
 6:30 Movie

27
 9:45 Cardio Drumming
 10:00 Catholic Communion
 10:30 Exercise
 11:00 Music with Christina
 2:00 Happy Hour Cart
 After Dinner Cards
 6:30 Movie

28
 10:30 Exercise
 2:00 Tai Chi
 2:45 Chinese New Year
 Paper Lantern Craft
 After Dinner Cards
 6:30 Movie

29
 10:30 Exercise
 11:00 Winter Craft
 2:00 Jeopardy
 After Dinner Cards
 6:30 Movie

Activity Professionals Week

Australia Day (observed)

30
 10:30 Exercise
 11:00 Manicures
 2:00 BINGO
 After Dinner Cards
 6:30 Movie

31
 9:45 Cardio Drumming
 10:15 Kickball
 10:30 Exercise
 2:00 BINGO
 After Dinner Cards
 6:30 Movie

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